

INTERIM REPORT

and dividend declaration for the six months ended 31 March 2007

The unaudited results of the group for the six months ended 31 March 2007 are set out herein. This report has been prepared in compliance with International Financial Reporting Standards (IFRS) applicable to Interim Financial Reporting (IAS 34) and in accordance with the principles applied in the most recently published annual financial statements.

COMMENTS

Financial results

Headline earnings per share for the six months ended 31 March 2007 increased by 40% compared to those of the first half of last year. Earnings per share for the same period were 50% higher mainly as a result of the profit on disposal of Tuna Marine less impairment provisions raised.

Although turnover decreased by 5%, operating profit before abnormal items increased by 26%. The major contributing factors to the improved margins were higher export prices and good catches in the horse mackerel, lobster and fishmeal sectors. Headline earnings increased by 25%.

The weighted average number of shares in issue was lower due to the shares held by the black employee share trust (Khula Trust) being treated as treasury shares. This contributed to higher earnings on a per share basis.

An interim dividend of 19.0 cents per share has been declared (2006: 15.0 cents per share).

Review of operations

Inshore Fishing

The 2007 total allowable catch (TAC) for pilchard was reduced to 162 436 tons (2006: 204 000 tons). Pilchard landings improved on last year but are still insufficient to meet consumer demand. Fish is being caught on the south and east coasts with good catches made recently along the west coast. Canning yields were poor, particularly at the beginning of the season but have since improved. Pilchard fishing has not commenced in Namibia where the announcement of a provisional TAC is awaited (2006: no landings against the 25 000 ton TAC).

Sales volumes of Lucky Star canned fish on the domestic market decreased significantly compared to the previous year due to the shortage of supply. In the UK, Glenryck Foods also experienced pilchard procurement difficulties and performance was below that of the prior year.

Overall, profitability from canned fish was considerably lower than in the same period last year.

Fishmeal operations recorded a profit for the six months due to significantly higher prices achieved in export markets. Landings of industrial fish were higher comprising mainly red-eye herring. The anchovy A season TAC for 2007 is 186 942 tons (2006: 212 251 tons) and is normally landed in the winter months. Selling prices for fishmeal are expected to be maintained in the second half.

The TAC for west coast lobster was reduced to 2 774 tons (2006: 3 174 tons). The uncaught quota from 2006 was carried forward for catching in 2007. Oceana quota

available amounts to 551 tons (2006 actual catch: 366 tons). To date lobster landings have been good and production costs per unit were lower mainly as a result of higher volumes. Export prices were higher and the weaker rand exchange rate further increased sales realisations resulting in improved profitability.

Squid catches were below those of last year. Higher market prices and the reversal of certain provisions resulted in increased profits.

Midwater and deep-sea fishing

Although turnover declined due to lower volumes of horse mackerel sourced from external fleets, selling prices remained at high levels. Horse mackerel catches were higher and vessel costs per day reduced. Overall operating profit from horse mackerel was higher than last year.

Results from hake operations showed an improvement mainly as a consequence of better fishing conditions and higher prices offset by the effect of lower quotas.

Cold storage

The cold storage division experienced higher volumes handled through the stores but shorter dwell times resulted in lower revenue. Profits were substantially lower.

Long-term commercial fishing rights

Certain subsidiaries are involved in a number of review applications brought in the High Court by various parties regarding the allocations of long-term fishing rights. Completion of this legal process is expected to take some time.

Directorate

On 8 February 2007, Ms L Ruthlial resigned and Mrs ABA Conrad was appointed to the board.

On 11 May 2007, Mr F Robertson was appointed to the board.

Prospects

Headline earnings for the full year are expected to exceed those of last year. Second half earnings growth is expected to be at a lower rate than that of the first half.

On behalf of the board.

MA Brey

Chairman

AB Marshall

Chief Executive Officer

11 May 2007

CONDENSED GROUP INCOME STATEMENT

| Note | Unaudited Six months ended 31 March | | Change % | Audited Year ended 30 Sept 2006 R'000 | |
|------|---|---------------|-------------|---|---------------|
| | 2007 R'000 | 2006 R'000 | | 2007 R'000 | 2006 R'000 |
| | 1 136 345 | 1 197 087 | (5) | 2 544 558 | |
| | 66 312 | 52 606 | 26 | 183 325 | |
| | 2 962 | 710 | | (5 882) | |
| | 69 274 | 53 316 | 30 | 177 443 | |
| | 7 816 | 422 | | 6 151 | |
| | 5 334 | 15 420 | | 23 340 | |
| | 82 424 | 69 158 | 19 | 206 934 | |
| | 27 091 | 27 645 | (2) | 70 088 | |
| | 55 333 | 41 513 | 33 | 136 846 | |
| | 51 564 | 38 500 | 34 | 129 791 | |
| | 3 769 | 3 013 | 25 | 7 055 | |
| | 55 333 | 41 513 | 33 | 136 846 | |
| | 100 764 | 113 036 | | 113 099 | |
| | 100 921 | 113 358 | | 113 426 | |
| | 51.2 | 34.1 | 50 | 114.8 | |
| | 51.1 | 34.0 | 50 | 114.4 | |
| | 19.0 | 15.0 | 27 | 74.0 | |
| | 46.7 | 33.2 | 40 | 112.8 | |
| | 46.6 | 33.1 | 41 | 112.5 | |

CONDENSED GROUP BALANCE SHEET

| | Unaudited 31 March | | Audited 30 Sept 2006 | |
|---|-----------------------|---------------|----------------------------|---------------|
| | 2007 R'000 | 2006 R'000 | 2007 R'000 | 2006 R'000 |
| Assets | | | | |
| Non-current assets | 490 911 | 381 088 | 511 305 | |
| Property, plant and equipment | 299 820 | 276 538 | 316 457 | |
| Goodwill | 22 434 | 17 271 | 21 911 | |
| Fishing rights and trademarks | 36 015 | 32 139 | 40 109 | |
| Deferred taxation | 13 174 | 11 380 | 12 850 | |
| Investments and loans | 119 468 | 43 760 | 119 978 | |
| Current assets | 765 065 | 916 616 | 826 327 | |
| Inventories | 249 738 | 204 549 | 219 224 | |
| Accounts receivable | 352 905 | 298 597 | 403 486 | |
| Non-current assets held for sale | 1 100 | 1 200 | 4 950 | |
| Cash and cash equivalents | 161 322 | 412 270 | 198 667 | |
| Total assets | 1 255 976 | 1 297 704 | 1 337 632 | |
| Equity and liabilities | | | | |
| Capital and reserves | | | | |
| Share capital and premium | 138 | 64 792 | 101 | |
| Foreign currency translation reserve | 24 441 | (1 673) | 23 018 | |
| Share-based payment reserve | 13 920 | 9 647 | 11 232 | |
| Capital redemption reserve | 90 | 90 | 90 | |
| Distributable reserves | 726 805 | 799 164 | 760 569 | |
| Interest of own shareholders | 765 394 | 872 020 | 795 010 | |
| Interest of outside shareholders | 26 039 | 22 451 | 23 820 | |
| Total equity | 791 433 | 894 471 | 818 830 | |
| Non-current liabilities | 33 119 | 29 841 | 30 961 | |
| Liability for share-based payments | 2 517 | 238 | 1 087 | |
| Deferred taxation | 30 602 | 29 603 | 29 874 | |
| Current liabilities | 431 424 | 373 392 | 487 841 | |
| Accounts payable and provisions | 368 356 | 325 432 | 415 895 | |
| Bank overdrafts | 63 068 | 47 960 | 71 946 | |
| Total equity and liabilities | 1 255 976 | 1 297 704 | 1 337 632 | |
| Number of shares in issue net of treasury shares (000's) | 99 971 | 113 166 | 101 493 | |
| Net asset value per ordinary share (cents) | 766 | 771 | 783 | |
| Total liabilities excluding deferred taxation: Total equity (%) | 55 | 42 | 60 | |
| Total borrowings: Interest of own shareholders (%) | 8 | 5 | 9 | |

CONDENSED GROUP STATEMENT OF CHANGES IN EQUITY

| | Unaudited Six months ended 31 March | | Audited Year ended 30 Sept 2006 R'000 | |
|--|---|---------------|---|---------------|
| | 2007 R'000 | 2006 R'000 | 2007 R'000 | 2006 R'000 |
| Balance at the beginning of the period | 818 830 | 916 344 | 916 344 | |
| Shares issued | 11 893 | 9 309 | 9 377 | |
| (Increase)/decrease in treasury shares | (36 740) | 3 | (177 763) | |
| Movement on foreign currency translation reserve | 1 423 | (5 551) | 19 140 | |
| Movement on share-based payment reserve | 2 688 | 1 031 | 2 613 | |
| Net profit after taxation for the period | 55 333 | 41 513 | 136 846 | |
| (Loss)/profit on sale of treasury shares | (26) | 105 | 205 | |
| Dividends declared | (61 968) | (68 283) | (87 932) | |
| Balance at the end of the period | 791 433 | 894 471 | 818 830 | |
| Comprising: | | | | |
| Share capital and premium | 138 | 64 792 | 101 | |
| Foreign currency translation reserve | 24 441 | (1 673) | 23 018 | |
| Share-based payment reserve | 13 920 | 9 647 | 11 232 | |
| Capital redemption reserve | 90 | 90 | 90 | |
| Distributable reserves | 726 805 | 799 164 | 760 569 | |
| Outside shareholders' interest | 26 039 | 22 451 | 23 820 | |
| Total | 791 433 | 894 471 | 818 830 | |

CONDENSED GROUP CASH FLOW STATEMENT

| | Unaudited Six months ended 31 March | | Audited Year ended 30 Sept 2006 R'000 | |
|---|---|---------------|---|---------------|
| | 2007 R'000 | 2006 R'000 | 2007 R'000 | 2006 R'000 |
| Cash flows from operating activities | | | | |
| Operating profit before abnormal items | 66 312 | 52 606 | 183 325 | |
| Adjustment for non-cash items | 33 328 | 22 222 | 60 777 | |
| Operating cash flows before working capital changes | 99 640 | 74 828 | 244 102 | |
| Working capital changes | (20 739) | 84 435 | 50 606 | |
| Cash generated from operations | 78 901 | 159 263 | 294 708 | |
| Interest and dividends received | 11 118 | 18 148 | 34 651 | |
| Interest paid | (3 167) | (2 306) | (5 160) | |
| Taxation paid | (33 167) | (13 592) | (46 960) | |
| Dividends paid | (64 080) | (68 498) | (86 034) | |
| Net cash (outflow)/ inflow from operating activities | (10 395) | 93 015 | 191 205 | |
| Cash inflow/(outflow) from investing activities | 5 330 | (14 164) | (167 811) | |
| Capital expenditure | (13 792) | (18 413) | (94 276) | |
| Proceeds on disposal of property, plant and equipment | 1 236 | 1 388 | 1 639 | |
| Proceeds on disposal of fishing rights | 3 366 | 225 | 227 | |
| Net movement on loans and advances | 5 708 | 3 077 | 12 789 | |
| Investment in preference shares | - | - | (88 000) | |
| Disposal of businesses | 7 830 | - | - | |
| Cash-related abnormal items and other | 982 | (441) | (190) | |
| Net cash flows (applied to)/from financing activities | (22 338) | 1 617 | (174 894) | |
| Proceeds from issue of share capital | 11 894 | 9 312 | 9 377 | |
| Proceeds on sale of treasury shares | 27 | 105 | 264 | |
| Acquisition of treasury shares | (36 794) | - | (177 822) | |
| Short-term borrowings raised/(repaid) | 2 535 | (7 800) | (6 713) | |
| Net (decrease)/increase in cash and cash equivalents | (27 403) | 80 468 | (151 500) | |
| Cash and cash equivalents at the beginning of the period | 126 721 | 283 195 | 283 195 | |
| Effect of exchange rate changes | (1 064) | 647 | (4 974) | |
| Cash and cash equivalents at the end of the period | 98 254 | 364 310 | 126 721 | |

DIVIDEND DECLARATION

Notice is hereby given that an interim dividend, No. 127 of 19.0 cents per share, in respect of the year ending 30 September 2007, was declared on Friday 11 May 2007. Relevant dates are as follows:

| | | |
|--------------------------------|---|---------------------|
| Last day to trade cum dividend | - | Friday 22 June 2007 |
| Commence trading ex dividend | - | Monday 25 June 2007 |
| Record date | - | Friday 29 June 2007 |
| Dividend payable | - | Monday 2 July 2007 |

Share certificates may not be dematerialised or rematerialised between Monday 25 June 2007 and Friday 29 June 2007, both dates inclusive.

By order of the board

JD Cole

Secretary

11 May 2007

GROUP SEGMENTAL REPORT

| | Unaudited Six months ended 31 March | | Audited Year ended 30 Sept 2006 R'000 | |
|---|---|---------------|---|---------------|
| | 2007 R'000 | 2006 R'000 | 2007 R'000 | 2006 R'000 |
| Revenue | | | | |
| Inshore Fishing | 620 011 | 611 335 | 1 318 949 | |
| Midwater and Deepsea Fishing | 458 006 | 524 418 | 1 071 362 | |
| Commercial Cold Storage | 58 328 | 61 334 | 154 247 | |
| Total | 1 136 345 | 1 197 087 | 2 544 558 | |
| Operating profit before abnormal items | | | | |
| Inshore Fishing | 12 616 | (3 706) | 77 939 | |
| Midwater and Deepsea Fishing | 43 440 | 37 500 | 46 705 | |
| Commercial Cold Storage | 10 256 | 18 812 | 58 681 | |
| Total | 66 312 | 52 606 | 183 325 | |
| Total assets | | | | |
| Inshore Fishing | 571 650 | 408 386 | 563 887 | |
| Midwater and Deepsea Fishing | 228 257 | 299 166 | 264 306 | |
| Commercial Cold Storage | 162 105 | 122 742 | 177 944 | |
| Financing | 280 790 | 456 030 | 318 645 | |
| Total | 1 242 802 | 1 286 324 | 1 324 782 | |
| Deferred taxation | 13 174 | 11 380 | 12 850 | |
| Total | 1 255 976 | 1 297 704 | 1 337 632 | |
| Total liabilities | | | | |
| Inshore Fishing | 256 163 | 208 980 | 278 909 | |
| Midwater and Deepsea Fishing | 85 726 | 87 329 | 90 756 | |
| Commercial Cold Storage | 20 825 | 22 848 | 41 693 | |
| Financing | 71 227 | 54 473 | 77 570 | |
| Total | 433 941 | 373 630 | 488 928 | |
| Deferred taxation | 30 602 | 29 603 | 29 874 | |
| Total | 464 543 | 403 233 | 518 802 | |

NOTES

| | Unaudited Six months ended 31 March | | Audited Year ended 30 Sept 2006 R'000 | |
|---|---|---------------|---|---------------|
| | 2007 R'000 | 2006 R'000 | 2007 R'000 | 2006 R'000 |
| 1. Abnormal items | | | | |
| Provision for impairment losses | (4 686) | - | - | |
| Profit on change of interest in subsidiary/ joint ventures | 8 812 | - | 283 | |
| Provision in respect of utilisation of pension fund surplus | (1 164) | - | (6 842) | |
| Surplus on disposal of property, plant and equipment | - | 485 | 450 | |
| Surplus on disposal of fishing rights | - | 225 | 2 | |